

## Track Tips to Make Your Performance Driving Event SAFE and Enjoyable

These are some Do's and Don'ts that will help keep your stress level down and allow you to focus on enjoying a Performance Driving Event to its fullest extent. Please read through the Do's, Don'ts and Recommendations and bear in mind what has been written. These tips have been compiled for your benefit. While some experienced folks know this stuff already, it is always good to read it one more time...

### Some of the Do's:

1. Ensure your car is in full mechanical working order prior to arriving at the track. Even though a car has passed your pre-event inspection, cars arriving with obvious problems will not be allowed on track. Make sure you have sufficient tread on your tires and your brake system is in good condition.
2. Ensure you have all required clothing & equipment. Trying to find extra items at the last minute can add one more thing to an already overloaded set of nerves.
3. Be sure to check your car's fuel level before your first track session. Suggestion: Fill up right before you arrive.

### Some of the Don'ts:

1. **Don't worry if you have never participated in a track event before.** There will be no pressure to get you up to FI level. The day is designed for your enjoyment and you are encouraged to learn at your own pace. There is nothing worse than putting pressure on yourself when you are on the track. You should be concentrating on the circuit. The instructors will be there to help and explain to you the physics involved in performance driving.
2. Do not be tempted to follow other drivers' lines. Take your time to learn the track. Instructors will talk about the correct lines. If following another car, driving styles and type of car can affect your cornering technique.
3. Do not worry about the speed and the fact that you might be going around a corner at 50mph and you see people going around the same corner at 75mph. Stick to your correct line through the corners and you will gain more confidence in yourself & your car's capabilities.
4. Do not try to "be the racer" on the circuit. There is NO tolerance for showing off. Deliberate slides are not permitted, nor are "racing" maneuvers like hitting the ripple strips or any other kind of tricks on the track. Do not pass another car on the track unless you receive a point-by from the other driver. Anyone showboating will be 'Black Flagged' and potentially removed from the track.
5. **SLOW IN FAST OUT.** If you enter a corner too fast and half way through it you feel that you will not make the turn, don't stab the brake pedal. If there is enough grip in the tires to stop the car, there is enough grip to turn. While you are turning in, nailing the brakes takes grip from the rear, causing you to spin and lose control. Once you have committed to the corner, make sure your brake and throttle inputs are light, if used at all. If you think you are going too fast, turn in a little more and gently back off the brake and throttle. Chances are you'll scrub enough speed to make the turn.
6. If you go off track and stop, LOOK for the corner station. We don't want you to attempt to re-enter without making eye contact with the nearest corner station if possible. If you are in a blind spot, safely work your way down to a station. If and when you do re-enter, come into the pits on that lap and speak to an official to let us know what happened. You aren't in trouble, but you might be if we don't talk to you. STAY IN YOUR CAR!
7. If you drop wheels off the track, get the car under control safely and come into the pits to speak to an official to let us know what happened.

### Recommendations:

1. Relax - The more you can relax and get into the mindset of what you have to do, the better. Instructors will be on hand to advise you. Every official, worker, and instructor is there to help you and keep everyone safe, not to judge you or admonish you. Help us to make your day successful and safe.
2. Drive *\*through\** corners - When approaching a corner always look through it toward the exit Point, i.e. 'Where you want to end up'. As a rule your car will go where you are looking.
3. Take care of yourself. Drink lots of water, and be mindful of your own physical limits.